

What is Claimed Is:

1. A method for treatment of a disease in a patient wherein there is restricted blood flow and a reduction in motor and sensory nerve conduction velocities which comprises topically administering to said patient an effective amount of a composition comprising:

A. About 0.5 to 5% by weight of a vasodilator derived from a plant;

B. About 0.5 to 5% by weight of a stimulator of lymphatic activity derived from a plant;

C. About 0.5 to 5% by weight of a mobilizer of white blood cell activity derived from a plant and the remainder being filler.

2. The method of claim 1 wherein said vasodilator is selected from the group consisting of Arnica Montana, primrose oil, rosemary, ginger, Hamamelis, yohimbe, and niacin L-ornithate or a mixture thereof.

3. The method of claim 1 wherein said stimulator of lymphatic activity comprises Echinacea Augustifolia.

4. The method of claim 1 wherein said mobilizer of white blood cell activity is selected from the group consisting of Lachesis ninta, Crotalus horridus and Naja.

5. The method of claim 1 wherein said composition includes L-arginine.

6. The method of claim 1 wherein a plant extract which includes the production of prostaglandin activity at the site of application.

7. The method of claim 1 wherein said plant extract is selected from the group consisting of primrose oil, flaxseed oil and crocitin.

8. The method of claim 1 wherein said composition contains skin conditioning components.
9. The method of claim 8 wherein said skin conditioning components comprise graphite and trace minerals.
10. The method of claim 1 wherein said disease is fibromyalgia.
11. The method of claim 1 wherein said disease is diabetic neuropathy.
12. The method of claim 1 wherein said composition is a gel, cream, emulsion, salve or lotion.
13. The method of claim 1 including Rhus hippocastanum and Aesculus hippocastanum.
14. The method of claim 1 wherein said composition includes a pain relieving amount of capsaicin.
15. A method for the treatment of a disease in a patient wherein there is a restriction of blood flow and motor and sensory nerve conduction velocities which comprises topically administering a composition comprising:
  - A. About 0.5 to 5% by weight of Arnica Montana;
  - B. About 0.5 to 5% by weight of Echinacea Augustifolia;
  - C. About 0.5 to 5% by weight of a plant extract selected from the group consisting of Lachesis ninta, Crotalus horridus, Naja and mixtures thereof, and the remainder being fillers.
16. The method of claim 14 wherein said composition includes L-arginine.
17. The method of claim 14 wherein said composition includes ginger.

18. The method of claim 14 wherein said composition includes at least one member selected from the group consisting of *Rhus toxicodendron*, *Rhus graveoleus*, *Resculus hippocastanum* and *Prunus Cerasus*.

19. The method of claim 14 wherein said composition contains graphite and trace minerals.